



Question. Persuade. Refer.

SUICIDE AWARENESS & PREVENTION TRAINING

presented by MHA in Sheboygan County

PROGRAM SUMMARY

Sheboygan County's Question, Persuade, Refer (QPR) facilitators utilize an evidence-based, innovative, & practical suicide prevention training to reduce suicidal behaviors and save lives. By providing this quality education that empowers all people, regardless of their background, together we can make a positive difference in our community.

SINCE JANUARY OF 2019, MHA IN SHEBOYGAN COUNTY HAS PROVIDED 7 QPR SUICIDE PREVENTION TRAINING PROGRAMS TO 140 INDIVIDUALS. CHECK OUT THE HIGHLIGHTS BELOW. (OUTCOME MEASUREMENTS WERE CALCULATED BASED ON PARTICIPANT SELF-REPORT SURVEYS.)

OUTCOME RESULTS



63% of attendees are able to identify the warning signs of suicide (overall increase of 35%).



65% of attendees know what questions to ask when someone is suicidal (overall increase of 61%) & 64% reported that they know how to ask these questions (an overall increase of 61%).



76% of attendees know where to go for help & what resources to provide should someone share they are suicidal (overall increase of 47%).



99% of attendees also reported that following the training, they believe their knowledge around suicide awareness & prevention increased.

WHAT PARTICIPANTS ARE SAYING:



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I appreciate the training - this is a very critical skill set...I hope to never use it, but like CPR, very important to have.



Very informational and important for EVERYONE to know and be a part of!"



Very nice presentation on a tough subject. I work with youth. If I am in a situation where I can help, I am glad for these tools. Awareness is a great thing. Thank you.



Good info, professional presented - speakers seemed genuinely passionate about the topic."

"Thank you so much for sharing this valuable information. You never know when it will come in handy."

REQUEST A TRAINING:

<https://www.surveymonkey.com/r/QPRSheboygan>

Questions? Please contact MHA in Sheboygan County: (920) 458-3951 or cw360@mhasheboygan.org.



Need more info on QPR training? Please visit www.qprinstitute.com