

Question. Persuade. Refer.

SUICIDE AWARENESS & PREVENTION TRAINING

presented by MHA in Sheboygan County

PROGRAM SUMMARY

Sheboygan County's Question, Persuade, Refer (QPR) facilitators utilize an evidence-based, innovative, & practical suicide prevention training to reduce suicidal behaviors and save lives. By providing this quality education that empowers all people, regardless of their background, together we can make a positive difference in our community.

SINCE JANUARY OF 2019, MHA IN SHEBOYGAN COUNTY HAS PROVIDED 7 QPR SUICIDE PREVENTION TRAINING PROGRAMS TO 140 INDIVDUALS. CHECK OUT THE HIGHLIGHTS BELOW. (OUTCOME MEASUREMENTS WERE CALCULATED BASED ON PARTICIPANT SELF-REPORT SURVEYS.)

OUTCOME RESULTS





63% of attendees are able to identify the warning signs of suicide (overall increase of 35%).



65% of attendees know what questions to ask when someone is suicidal (overall increase of 61%) & 64% reported that they know how to ask these questions (an overall increase of 61%).



76% of attendees know where to go for help & what resources to provide should someone share they are suicidal (overall increase of 47%).



99% of attendees also reported that following the training, they believe their knowledge around suicide awareness & prevention increased.

WHAT PARTICIPANTS ARE SAYING:

Mental Health America in Sheboygan County

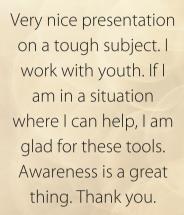


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I appreciate the training - this is a very critical skill set...I hope to never use it, but like CPR, very important to have. Very informational and important for EVERYONE to know and be a part of!"





Good info, professional presented speakers seemed genuinely passionate about the topic."

"Thank you so much for sharing this valuable information. You never know when it will come in handy."

REQUEST A TRAINING:

https://www.surveymonkey.com/r/QPRSheboygan

Questions? Please contact MHA in Sheboygan County: (920) 458-3951 or cw360@mhasheboygan.org.



Need more info on QPR training? Please visit www.qprinstitute.com