

WHAT SCHOOLS ARE SAYING

"Our district has always been committed to providing all of our students with the best possible education, and overall educational experience beyond the classroom. So when our 2017 Youth Risk Behavior Survey results indicated that 57% of our high school students were not in a good place with their mental health, we knew we had to move in a new direction. PATH was the perfect addition to our existing mental wellness initiatives. Students who previously were unable to obtain mental health treatment in the community are now able to access that care right in their schools, during their school day. The students who receive PATH counseling in our middle and high schools consistently share how much they appreciate the support and connections they have with our mental health counselors. More importantly they are reporting better health and functioning across the board - at home, in school and in their social lives. When one of my students tells me they don't know if they would even be alive if it weren't for their PATH counselor, I know they are getting the help they need. With PATH now expanding into our elementary schools, the future for our struggling students keeps looking brighter!"

Carla Vorphal,
School Social
Worker -
Sheboygan
Area
School
District



CONTACT DETAILS

PATH Coordinator
Mental Health America in Sheboygan Co.
P: 920.458.3951

PARTICIPATING LOCATIONS:

- Cedar Grove - Belgium School District
- Elkhart Lake - Glenbeulah School District
- Howards Grove School District
- Kohler School District
- Oostburg School District
- Plymouth School District
- Random Lake School District
- Sheboygan Area School District
- Sheboygan County Head Start
- Sheboygan Falls School District



Ozaukee Community Therapies



PATH

PROVIDING ACCESS TO HEALING

A SCHOOL-BASED MENTAL HEALTH PROGRAM



UNITED WAY OF
SHEBOYGAN COUNTY

PATH – WHAT IS IT?



- PATH is a United Way of Sheboygan County initiative that helps provide confidential licensed mental health therapy in participating school districts throughout Sheboygan County.
- PATH is a school-based mental health program that helps create increased access to services for youth by removing financial and geographical barriers.

STUDENTS EXPERIENCE:



- Improved academic performance and social functioning
- Reduced suspensions, detentions, unexcused absences, and symptoms
- Significant progress towards treatment goals

WHY SCHOOL-BASED MENTAL HEALTH?



- Eliminates transportation costs
- Services are delivered regardless of ability to pay
- On-site therapy reduces missed appointments & classroom time
- On-site therapy provides greater opportunity for care coordination & case management
- On-site therapy encourages self-referrals and referrals by peers

WHAT THE STUDENTS ARE SAYING...

"Since I started talking to someone on a weekly basis I have been able to see the changes in my daily life. For example, sometimes when situations get out of hand I tend to say what I'm thinking and always get defensive. But now that I have an outlet for my thoughts and feelings I don't have big burst of emotions like I used to in hard situations. There also has been good changes at home... I am more inclined to do things around the house without needing to be told and arguments are easier to avoid because of having a clear mind."

- High School Student,
Oostburg School District

OUTCOMES

PATH of Sheboygan County: Designed to Improve Children's Mental Health

380+ students have been served by United Way's PATH for Students Program since 2015.

94% Would refer a family member to counseling.	98% Felt better understood.
97% Reported feeling better about life.	67% Showed improved academic performance.
99% Reported progress toward treatment goals.	95% Learned to communicate thoughts & feelings.
89% Reported improved relationships.	99% Would return to therapy if needed.

\$50,000

The average benefit to a community per PATH student based on two cost benefit analyses conducted by the La Follette School of Public Affairs at the University of Wisconsin - Madison. ****